



The 2020 East Asian Weightlifting Championships

27th February - 3rd March 2020 Seoul, Korea



2020 East Asian Junior & Senior Weightlifting Championships

(Silver Level Qualification event for 2020 Tokyo Olympic Games)

Regulations

1. Dates and Place

27th February - 3rd March 2020 at Seoul, Korea

2. Participating Countries

8 East Asian Countries

Republic of Korea, China, Japan, Chinese Taipei, DPR Korea, Mongolia,
Hong Kong, Macau.

3. Competition Venue & Training Venue

- Weightlifting Hall in Seoul Olympic Park(88 Seoul Olympic Venue)
- Seoul Physical Education High School Training Hall

4. Accommodation

Olympic Parktel

448 Olympic-road, Songpa-gu, Seoul, Korea.

- 1) Distance from Incheon Airport : 1hours 20minutes by bus
- 2) Distance from Gimpo Airport : 1 Hours by bus
- 3) Distance from Competition and Training Venue : 5 minutes by bus

5. Financial Condition

- Accommodation Fee

Single Room : USD 130 per person per day with three meals.

Double Room : USD 110 per person per day with three meals.

- Entry Fee

USD 50 per person for Officials

USD 80 per Athletes (Including USD 30 Special Anti-Doping Fee)



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6. Methods of Payment

All payment must be paid by USD cash (Cash Only) upon arrival to the Organizing Committee at the Accreditation Center in the Hotel.

7. Entry Forms

-PRELIMINARY ENTRY

Preliminary entry form must be submitted to the Organizing Committee by email : weightlifting@sports.or.kr **before 26th December 2019.**

-FINAL ENTRY

Final Entry, Team Accommodation Form, Transportation Form and Visa Application Form must be submitted to the Organizing Committee by email : weightlifting@sports.or.kr **before 26th January 2020.**

-MEDIA ACCREDITATION FORM

Media Accreditation form must be submitted to the Organizing Committee by email : weightlifting@sports.or.kr **before 26th January 2020.**

8. Visas

Entry Visa of Republic of Korea could be obtained from the Korea Embassy in Asian Countries. Korea Weightlifting Federation will supply Visa Letters to all Federations and Associations.

All Participants who need Entry Visa, need to send passport copies of non-expired passports, photos and forms to issue visa letter No later than 26th January 2020. Organizing Committee will not guarantee visa assistance for being late in sending passport copies.

9. Accreditation

The Accreditation will take place at Olympic Parktel upon arrival.

10. Flag and National Anthem

Each Member Federation should bring two (2) national flags sized 100cm x 150cm and the national anthem on USB drive. This must be submitted upon arrival/ accreditation to Organizing Committee.

11. Transportation

The Organizing Committee will provide shuttle bus.

- 1) Incheon International Airport – Hotel
- 2) Gimpo International Airport – Hotel



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- 3) Hotel – Venue
- 4) Hotel – Training Hall

12. Competition Regulation

The 2020 East Asian Weightlifting Championships will follow the latest IWF Technical and Competition Rules and Regulations (TCRR)

13. Eligibility

Only National Federations / Associations affiliated in the IWF/AWF/EAWF are eligible to participate in the event as follows :

Senior

- Athletes must be 15 years of age and over (year of birth 2005 or earlier)

Junior

- Athletes born between 1st January 2000 and 31st December 2005 (aged 15-20 years old)

With Reference to Article 5.6.5 of the IWF Anti-Doping Policy, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing Investigations for a period of at least two months prior to the IWF Event in question (by 28 December). An athlete who does not comply with this provision is not eligible to compete at this event.

14. Body Weight Categories

Men : 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

Women : 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

15. Awards

- Gold, Silver and Bronze medals will be awarded in Snatch, Clean & Jerk, and Total in each bodyweight category.
- Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.
- Trophies will be awarded to the Best Lifter in the Men's and Women's events.



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16. Doping Control

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

17. Barbell

IWF approved barbells will be used during both competitions and training.

18. Insurance

According to IWF Regulations, all participants must be under insurance coverage for travel and accident/injury by their respective member Federations / Associations before their departure from their hometown.

19. Temperature & Electricity

Average Temperature in Seoul during March : 12 °C

Electricity : 220 Volt

20. Contact

Ms. CHOE Byeol

International Affairs of Korea Weightlifting Federation

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Provisional Schedule

Date	Time	Activity	Place
Feb 26 th 2020	All day	Arrival	
	17:00	Verification of Final Entries	Hotel
	18:00	Technical Official Meeting	Hotel
Feb 27 th 2020	13:00	Registration of EAWF Congress	Hotel
	14:00	Congress	Hotel
	18:00	Opening Banquet	Competition Venue
Feb 28 th 2020	11:00	Men's 55, 61kg	Competition Venue
	13:00	Women's 45, 49kg	Competition Venue
	15:00	Men's 67kg	Competition Venue
Feb 29 th 2020	11:00	Women's 55kg	Competition Venue
	13:00	Men's 73kg	Competition Venue
	15:00	Women's 59kg	Competition Venue
Mar 1 st 2020	11:00	Men's 81kg	Competition Venue
	13:00	Women's 64kg	Competition Venue
	15:00	Men's 89kg	Competition Venue
Mar 2 nd 2020	11:00	Women's 71, 76kg	Competition Venue
	13:00	Men's 96kg, 102kg	Competition Venue
	15:00	Women's 81, 87kg	Competition Venue
Mar 3 rd 2020	11:00	Men's 109, +109kg	Competition Venue
	13:00	Women's +87kg	Competition Venue
	18:00	Closing Banquet	
Mar 4 th 2020	All day	Departure	

Note : The provisional Schedule is subject to change after Verification of Final Entries.